

NAME: STREAM:

ST. STEPHEN'S COLLEGE BBAJJA

S.3 ENGLISH P2

Time: 2 Hours

1. Read the following passage and answer the questions that follow

SLEEP

Sleep is an important component for the proper functioning of the brain. According to the brain scientists and researchers, seven hours is not sufficient sleep. The right amount of sleep is close to ten hours. Adequate sleep is important for the following reasons. Sleep is not a mere luxury butane absolute must in preparing one's body and brain for the productive life.

The process of sleep, if given adequate time and environment provides tremendous power, it resets, rejuvenates and energizes the body and brain.

Sleep facilitates growth because the secretion of the growth hormone reaches its peak during sleep. A growth hormone is a chemical secreted by the pituitary gland. It stimulates the growth of specific neural connectors to physically held memories in the brain to take place.

Adequate sleep facilitates memory storage, retention, organisation, as well as new learning and performance of the brain.

The mood of a person and one's threshold for containing anger is facilitated by adequate sleep. If an individual gets enough sleep, he will be able to relax under high pressure, have immunity to diseases and viral infection.

In Uganda today, its un usual to find children doing homework until 9 pm, going to bed around 11: 00 pm and waking up as five to prepare for school. Adequate sleep plays an important role. It assists in having high concentration span, especially short – term memory handling complex tasks, thinking logically and assimilating and analyzing new information. It is, therefore, important that children and adults have inadequate sleep for good health.

JOURNEY THROUGH THE FOREST

On the morning of the journey, Kaiga was careful to note who the first person to knock on his door was. People from certain clans bring bad luck. These people are well – known. If one of them knocks, you have to cancel the whole journey.

The first person to knock was Wakanyo, this new girl who was employed just the other day to wash clothes and scrub the floor. She is not yet married, and she is bound to be a good omen.....

Kaiga and Karanja were away early in the morning. People were still a sleep, but the milk boys were already at their job. There was a lot of dew on the grass and the cold air made the ears hard and painful.

Travelers can walk fairly fast in the morning, but by noon the thigh muscles get tired. The soil on the path is hot and the sandals sink into it. Then you know it is time to take a rest. It is time to eat the bananas and drink the sour milk.

Inside the Nyandarua forest, it is dark during the night. You do not know the time until you come out of the forest on the other side. The paths are very narrow. They wind themselves between huge trees, into great big gullies and out again into more trees. The ground is dark and humid. The falling leaves have formed a carpet on the ground. Sometimes a little light filters through and this gives rise to some very weird shapes see an object moving in the distance but then you decided. That it is not moving at all. But when Kaiga saw white spots across the path, he began wondering.

“Karanja, do you see those white spots?”

“ which ones?”

“ Those ones near the big podo trees?”

“Yes,I see them. They look like black and white spots spread out across the path.”

“Do you see the head?”

“Which head? Where is it?”

“On one end of the black and white spots.”

“Yes. It is the head. It is the head of something”.

“Which trail? Where is it?”

“Opposite the head.”

“Yes. Now I see the tail. It is the tail of someting.”

“Karanja, what does a head and tail and lots of black spots in between add up to?

“A leopard. We are finished!”

“Yes, we are. If we go into a hole, the leopard will find us there. If we run, it will run after us. If we climb a tree , it will also do the same.”

“Kaiga, you mean we must pass it on the head side?”

“Yes. That is what i mean.”

“Then you go in front.”

“Just calm down, Karanja. The most important thing with a leopard is not to sit down but to be careful not to step on its tail. We won't sit down, we will keep going. We must go slowly past it.”

“No, if we change places the leopard will get frightened and jump on us. Keep going, Karanja.”

“I think we had better go back, Kaiga. That girl Wakonyo is not a girl of good luck.”

Well, may be. But you cannot blame Wakonyo for this. It is the light that is to blame.

Without the light, there would be no optical illusions. And this was one of them.

Questions.

1. Explain why Kaiga wanted to know who the first person to knock on his door

was.....
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2. Look at paragraph 3 and 4. In what two ways did Karanja and Kaiga feel different at noon from the way they left early in the morning?

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3. Why doesn't one note the time of day when one is in the Nyandarua forest?

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4. What did Kaiga see in the forest?

A. A buffalo

B. A tree – stump

D.

5. Who do you think was more cowardly, Karanja or Kaiga? Give reasons for your answer

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3. Re - write the following sentences as instructed without changing the meaning

3.1 The rhinos in the national parks are hunted and killed in thousands for their horns and they are now reduced to a small number. (Begin: Hunted.....)

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3.2 You had studied the instructions. You should have realized that the machine had to be handled extremely carefully. (Begin: Having

.....
.....

3.3 Kato had to work hard to establish his business and this made life drudgery for him at least for the first six months. (Begin: Having

.....
.....

3.4 Nothing exciting is happening. (Begin: I wish

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3.5 The test was so easy that everyone passed it. (finish pass)

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3.6 The police can torture the prisoner as much as it likes, but he will never confess his crime. (Re - write using: However

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3.7 Maria asked Juna why he had gone to town the previous day. (use direct speech)

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3.8 I had never seen such a model. (Begin: Never

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.....
3.9 “Do you think you are smarter than your father?” angrily asked the teacher. (Re – write without quotation marks)

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.....
3.10 I think newspapers should educate and inform at the same time. (Begin: Not only)

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4. Choose the correct alternative for each of the following.

4.1 If I a lion on the way to school, I would be very frightened.

A. see

B. would see

4.2 You wouldn't be frightened if you..... a raffle.

A. will still be

B. shall still be

4.3 If the world's oil supplies were disrupted, the results very serious.

A. will be

B. are

4.4 If Bethwell married Grace, all of us very disappointed.

A. would be

B. were

- 4.5 If Bethwell and Grace were getting married soon, they us by now.
- A. would tell
 - B. will have told
- 4.6 They were..... than we thought they would be.
- A. Very much more friendly
 - B. in a very much more friendly manner
 - C. friendly very much more
 - D. very much more friendly
- 4.6 We have time left now.
- A. hardly some
 - B. hardly any
- 4.8 How many people turned at the meeting?
- A. up
 - B. in
- 4.9 "This storm is bound to die soon,"and Mrs. Adhiambo.
- A. down
 - B. up
- 4.10 Later, they went to the hospital, where Mr. Adhiambo had been the previous week.
- A. operated
 - B. operated over

END.